

## **ANNOUNCEMENT FOR ALL GRANDMASTERS, MASTERS AND JUNIOR ATHLETES:**

It was previously announced that commencing in 2017, all athletes in the above-mentioned classes in all disciplines have a two-tier process for qualification to National events. This means that athletes are required to place top 5 at a Regional, Tier 1 event (Muscle Beach Fall Classic, Northern Alberta Championships or Southern Alberta Championships) in order to compete in the Provincial level event that is considered a National Qualifier for all Grandmasters, Masters and Junior athletes. In 2017, the Provincial championships for Grandmasters, Masters and Juniors were held in conjunction with the Northern Alberta Championships.

EFFECTIVE 2018, THE PROVINCIALS FOR **ALL** ATHLETES IN **ALL** DIVISIONS WILL BE HELD AT THE PROVINCIAL CHAMPIONSHIPS.

Currently, the only exception to the two-tier system is the new competition stream starting with the Alberta Natural Championships in March, 2018. Athletes placing top 5 at the Alberta Natural Championships will automatically qualify for the International Events Qualifier, a National event.

Please see the flowchart below for further clarification.

**2018 ALBERTA BODYBUILDING ASSOCIATION  
QUALIFICATION PROCESS  
ALL DIVISIONS**

